

COURSE PARAMETERS (DISTANCE BY OPTIMAL ROUTE CHOICE)

Category	Stage 1		Stage 2		Stage 3		Stage 4	
	Distance [km]	Control points	Distance [km]	Control points	Distance [km]	Control points	Distance [km]	Control points
Children W	1.90	16	1.95	11	2.01	16	4.87	19
Youth W	2.51	21	2.54	16	2.75	22	7.24	29
Junior W	2.83	19	2.95	17	3.16	25	9.83	37
Elite W	3.30	25	3.74	21	3.87	27	11.51	43
Veteran W	2.83	19	2.95	17	3.16	25	9.83	37
Supervet W	2.63	21	2.69	12	2.83	21	7.55	28
Ultravet W	2.18	17	2.34	15	2.48	20	6.21	25
Hipervet W	1.90	16	1.95	11	2.01	16	4.87	19
Children M	1.99	16	2.31	13	2.33	17	4.96	19
Youth M	2.93	23	2.97	14	3.00	24	8.18	32
Junior M	3.09	25	3.53	21	3.49	29	11.00	44
Elite M	3.65	26	3.97	23	4.41	39	12.94	51
Veteran M	3.09	25	3.53	21	3.49	29	11.00	44
Supervet M	2.70	21	3.06	18	3.18	24	8.28	34
Ultravet M	2.52	17	2.64	14	2.82	19	6.85	29
Hipervet M	1.99	16	2.31	13	2.33	17	4.96	19

GDAŃSK CITY RACE

Orienteering in THE heart OF Gdańsk

